

BARABOO PARKS, RECREATION & FORESTRY DEPARTMENT 124 2nd Street, Room 17

PHONE: 608-355-2760 E-MAIL: parkrec@cityofbaraboo.com www.cityofbaraboo.com/parksandrecreation

PRESCHOOL OPEN GYM

As the weather turns cooler, we have the solution for cabin fever! Our open gym program provides a fun, safe place for kids to interact and burn off some winter energy. Various games, mats and gym equipment are available for use. Parental supervision is required at all times. This is a drop-in program no pre-registration required.

Ages: 5 years and under **Fees:** \$2 per child per visit or

\$25 for a punch card (18 uses) **Program Location:** Civic Center Gym

Program Meets: 9-11am Tuesdays & Thursdays November 10, 2022 thru March 30, 2023.

Will not meet 11/24, 12/27, 12/29 & 2/21/2023 due to other use of the gym or Holiday Closures

This program utilizes volunteer supervisors.
Those interested in helping should email parkrec@cityofbaraboo.com or call 608-355-2760 for more information.



JR. TUMBLING -PARENT & CHILD

Children will work on developing fine and gross motor skills, balance, and listening skills through fun activities. Each child should have an adult to help them take part in the activities.

Dates: January 4-25

Times: Wednesdays; 3:45-4:15pm

Where: Baraboo Civic Center Gymnasium

Ages: 2-3 years old

Fees: Resident: \$20 Non-Resident: \$30

These are not school sponsored activities.

The Baraboo School District does not fund or endorse these programs.

JR. GYMNASTICS

Basic Introduction to tumbling & gymnastics skills which can be built on as the child ages.

Registration is limited to one session per child for this popular program

Ages: 5-8

Meets: Thursdays, January 12-February 16

Sign up for 1 Session: Session 1: 4:30-5:00pm Session 2: 5:00-5:30pm Session 3: 5:30-6:00pm Session 4: 6:00-6:30pm

Where: Baraboo Civic Center Gymnasium

Register by January 4

Resident: \$30 Non-Resident: \$40



HOMESCHOOL OPEN GYM

This program provides a fun, safe place for kids to interact and burn off some winter energy. Various games, mats, and gym equipment are available for use. Parental supervision is required at all times. Fees are \$2 per child per day or \$30 for entire session

Dates: January 3-March 24 *No meeting on February 21

Times: Tuesdays & Fridays 11:00-1:00pm

Will not meet on 2/3/23 & 2/21/23. Dates are subject to change based on gym availability.

A volunteer supervisor is needed in order for this program to be offered. Children of the volunteer can attend for free on the days they are volunteering. Those interested in helping should email

parkrec@cityofbaraboo.com or call 608-355-2760 for more information

SUPER SPIKERS VOLLEYBALL

Super Spikers Volleyball aims to introduce participants to the game of volleyball. This program will introduce participants to the basic rules and fundamentals of the game while having fun.

Ages: 3rd-4th Grade

Where: Baraboo Civic Center Gymnasium

Register By: January 23rd, 2023

Fees: Residents: \$30 Non-Resident \$40

Session 1

Dates: January 31- March 14 Times: 4:30-5:30pm Tuesdays

Or

Session 2

Dates: January 31- March 14 Times: 5:45-6:45pm Tuesdays

BRILLIANT BLOCKERS VOLLEYBALL

Participants will increase their knowledge of volleyball while working as a team in a recreational setting. Players will work on various skills that volleyball players need as well as introduce them to how games and matches are played. Players will have a 1.5 hour practice on Mondays and games on Saturdays. Participants will be given a season schedule for their team by January 20.

Ages: 5th & 6th Grade **Dates:** January 30-March 18

*No games on February 4 due to Winterfest Where: Baraboo Civic Center Gymnasium Fees: Residents \$50 Non-Residents \$60

Practices: Mondays between 4:30pm and 8:00pm

for 1.5 hours

<u>Games:</u> Saturday between 9:30am and 12:00pm (start times for games & practices will depend on

the number of players registered)
Volunteer coaches needed!

LOLLIPOP TENNIS – FOR ALL ABILITIES

Participants will use "lollipop-style" tennis rackets to take part in activities to learn the basics of tennis and other racket/paddle sports. Participants do not need a tennis racket for this program.

Ages: 4yrs old to 1st Grade & those with

disabilities

Meets: Thursdays, 4:30-5:00pm

March 2-23

Register by: February 23, 2023

Where: Baraboo Civic Center Gymnasium Fees: Resident: \$20 Non-Resident: \$30





FRIDAY

Losers are winners at this event. Participants will take part in games and activities where the goal will be to fail.

When: Friday, December 16

Time: 7:00-8:30pm

Where: Civic Center Gymnasium

Ages: 1st – 5th Grades

Register by: December 12th

Fees: Residents: \$10 Non-Residents: \$20

SPORTS FEST

An evening of sports activities including basketball, soccer, baseball, volleyball, football and more.

Date: Friday, January 13 **Time:** 7:00-8:30pm **Ages:** 1st – 5th Grades

Where: Baraboo Civic Center Gymnasium Fees: Resident: \$15 Non-Resident: \$25

Register by: January 9th



END OF THE RAINBOW



It's the pot of gold at the end of the rainbow. Join us for St. Patrick's Day games & activities.

Be sure to wear green. **Ages:** 1st – 5th Grade **Meets:** Friday, March 17th

Time: 7:00-8:30pm

Where: Civic Center Gymnasium

Registration Deadline: March 13th Fees: Residents: \$10 Non-Residents: \$20





February 3-6, 2023

This special event weekend offers a little something for everyone. Listed below is a tentative schedule of events. Additional information will be available on our website and Facebook page as more events are finalized. Volunteers, Sponsors and donations for all events are always welcome and appreciated.



Friday, February 3rd

* Snowflake Family Trivia - Get the family together and compete against other families in this trivia contest. Runs 6:30pm to 7:30pm in Room 12/14 at the Baraboo Civic Center. The winning family will receive a voucher for 4 2023 Madison Mallards tickets (valued at \$96) Preregistration is preferred.

Saturday, February 4th

- Winterfest 5K Run The annual Winterfest 5K Fun Run is back. Runners will be divided into different age groups, and there will be awards for the top finishers in the age groups. Proceeds go to future Civic Center program improvements. \$10 Early Registration Fees Increase January 21st. Register at www.cityofbaraboo.com/parksandrecreation
- * Cocoa Crawl The Friends of Baraboo Parks invite you to tour the town from 11am-1pm while enjoying cocoa & fun. Cost \$5.00 per person (3 & under Free) Limited number of tickets available starting January 4th at Bekah Kate's Downtown. Each registration will be entered into the drawing for a gift basket.
- Winterfest 3 on 3 BRRR-sketball Tournament: Registration fees: \$30/team until January 6th \$42/team January 7th thru 30th @ Noon. Teams of 4 players, only Captain needs to register. Age group divisions Grade 2 Adult. Baraboo Civic Center Gym Noon-5pm Complete information and registration available at www.cityofbaraboo.com/parkandrecreation
- * Outdoor Ice Skating Party FREE event from 1-5pm at Langer Park (weather/ice conditions permitting). Refreshments available. Please bring your own skates.
- ★ Candlelight Walk FREE event from 6-8pm at Maxwell-Potter Conservancy. Parking available at the dog park/arboretum and Greg Wise shelter lots on Hill Street and Mill Race Drive. The Riverwalk will be lit along the loop around Effinger Drive and over the new bridge! Warm up at the Bon Fire at the Greg Wise Pavilion with some hot cocoa too.

Sunday, February 5th

- * Anything but a Sled Race Find your own creative way of sledding down the hill. The more unique item the better! Just don't use a sled! Participants must follow all rules for the sled race. Preregistration is preferred to help us prepare. Rules & registration can be found at www.cityofbaraboo.com/parksandrecreaton Race starts at 2pm at Steinhorst Park.
- * Family Sledding & Snowball Party FREE Bring your sled to the hill at Steinhorst Park for some sledding, snowball fights, and refreshments. Event starts at 3:00pm and runs to 5:00pm
- Winterfest Indoor Open Skate Free Admission @ Pierce Park Pavilion 5-8pm. Limited Skate Rental available for a small fee. Full details at www.thunderbirdyouthhockey.com

Monday, February 6th

Winterfest 55+ Games: Free event for those ages 55 & older. Test your skills at several target games or various mini-games. Certificates awarded to the top 3 male and female finishers in various age groups. Starts at 10:10am in the Baraboo Civic Center Gymnasium on Monday, February 6, 2023. Pre-registration is not required but helps us plan. There will be open gyms at the Baraboo Civic Center on Monday, January 30, Wednesday, February 1, and Friday, February 3 at 10:45-11:30am for those that would like to practice the games.

SLEDDING & ICE SKATING OPPORTUNITIES

Steinhorst Park provides a challenging hill for winter snow sledding. Access is available from the north entrance to the park on 15th Street. Bring your own sleds. Watch for special sledding party announcements throughout the winter, including Winterfest February 4th on our Facebook page @Baraboo Parks



The City maintains an outdoor ice skating rink at Langer Park as long as weather permits. Langer Park also offers a supervised warming house with hours Tuesdays & Thursdays 6-8pm, Wednesdays 2-5pm and Saturdays & Sundays 1-5pm. We will announce the rink's opening when conditions permit on our Facebook page @Baraboo Parks



Indoor ice skating is offered by Thunderbird Youth Hockey at the Pierce Park Pavilion – 1100 Walnut Street from 5-8 pm most Sundays thru February 26th. Admission is \$3 per person. Family passes are available for \$50 Limited Skate rental is available for \$4.00/ pair.

Don't miss special open skate hours during the Baraboo School District Winter Break from Noon-3pm December 26-29, 2022.

For more information, call 608-355-1151 or visit www.thunderbirdyouthhockey.com to check the schedule.

Ochsner Park Zoo Winter Hours 9:00AM – 4:00PM – Daily* (*Closed 11/24, 12/24 & 12/25)



FLAG FOOTBALL ROOKIE LEAGUES

This is a coed, fundamental, instructional program teaching basic football skills and offering both practices and scrimmages.

2nd-3rd Grades: Mondays, March 13-May 1 1st Grade: Tuesdays, March 14-May 2 *No meetings on March 27 & March 28

Times: 5:00-6:00pm Where: Langer Park

Fees: Resident: \$35 Non-Resident: \$45

Register by: March 6th

FLAG FOOTBALL SUPERSTAR LEAGUE

This is a coed, fundamental, instructional program that aims to increase the participants' knowledge of the sport of football through practices and scrimmages.

Dates: March 1-April 26

Times: Wednesdays; 4:30-6:00pm
*No meeting on March 29

Ages: 4th-6th Grade

Where: Civic Center Gymnasium (March 1-8)

Langer Park (March 15-April 26) **Fees:** Resident: \$40 Non-Resident: \$50



TINY TOUCHDOWNS

This is an introductory football program for kindergarten ages. Players will learn the basics of football by playing fun games and activities.

Ages: Kindergarten Indoor Session:

Meets: Thursdays March 2-23 5:30-6:00pm

Where: Civic Center Gymnasium

Fees: Resident: \$25 Non-Resident: \$35

Register by: February 23rd

Outdoor Session:

Days: Thursdays April 6-27 4:30-5:00pm

Where: Langer Park

Fees: Resident: \$25 Non-Resident: \$35

Register by: March 30th

Adult Programs

INDOOR OPEN PICKLEBALL

This will be a drop-in and play program, with two regulation sized indoor courts. We will have some equipment on hand (balls and paddles) on a first come first served basis, but bringing your own equipment is highly encouraged! We encourage equal play among all in attendance.

Drop-in Fee: \$5/person per meeting OR **Season Pass City of Baraboo Resident: \$60**

Season Pass Non-Resident: \$70

1/2 Season Pass City of Baraboo Resident: \$30

1/2 Season Pass Non-Resident: \$35 Where: Baraboo Civic Center Gymnasium

Dates: November 1-March 30

*No program on 11/8, 11/24, 12/27, 12/29, and 2/21

Tuesdays & Thursdays: 1:15-3:00pm

*All levels of play on both courts

Tuesdays: 7:00-8:45pm

*Court A- Competitive level of play *Court B- Recreational level of play

Thursdays: 7:00-8:45pm

*All levels of play on both courts

** Dates and times may change depending on gym use

or availability

WOMEN'S VOLLEYBALL **DOUBLE ELIMINATION TOURNAMENT**

Join us for our first Women's Volleyball Double Elimination tournament. This tournament is intended to be recreational and fun and not overly competitive. Each team will be guaranteed at least 2 matches. The tournament will take place over 4 weeks.

Dates: January 4-25

Times: Wednesdays; Games start at 6:45pm Where: Baraboo Civic Center Gymnasium

Fees: \$60 /Team

Registration Deadline: December 23, 2022 All players must be age 18 and cannot be current

high school students.

Team rosters must consist of a minimum of 4

players but a maximum of 8 players.

Register your team at the Parks & Recreation Office at 124 2nd Street, Rm17. Call 608-355-2760 or email us at parkrec@cityofbaraboo.com with questions.

ADULT VOLLEYBALL **CO-SPRING LEAGUE**

League will run for 7 weeks or every team playing each other once (depending on the number of teams registered) of season play followed by an end of season tournament. No games on March 29. There will not be referees for this league. Teams

will call their own games. Team Fees: \$130/Team Ages: 18 years and older

Where: Baraboo High School Gym

Time: Games start at 6:30pm

Games on Wednesdays starting February 15. The managers' meeting will be done virtually prior to the start of the season.

All teams interested in playing in the league must turn in a tentative roster with the team fee to be considered. You will not have a spot in the league until your fees are paid.

If there are enough teams registered, the league will be divided into A (high) and B (low) divisions. If there are not enough teams registered, all teams will take part in one single league.

SENIOR FITNESS PROGRAM

This exercise program is specifically designed for older adults. The program meets three times a week stressing one of the following fitness focuses: Stretching, Balance, Strength, Floor, & Aerobics. Participants are encouraged to exercise at their own pace. There are two class times available for your convenience.

Ages: 55 years old and older

Location: Civic Center Gymnasium Meets: Monday, Wednesday, & Friday

9:30am-10:00am OR 10:10am-10:40am.

Choose one class to attend per day

Session Fees:

\$15 City Resident \$20 Non-Resident

Annual Registration:

\$45 City Resident \$60 Non-Resident 2023 Winter Session: January 4th - May 26th Summer Session: May 31st - September 1st Fall Session: September 7th – December 22nd Join anytime during the session!



CIVIC CENTER FITNESS ROOMS

Interested in improving or just maintaining your fitness level? The Civic Center Fitness Rooms have all you need to start or continue a fitness program.

The Weight Room is equipped with free weights & machines for both novice and experienced lifters.

The Cardiovascular Room offers aerobic equipment including treadmills, elliptical cross trainers, stair climbers, recumbent & stationary bicycles & various circuit weight training equipment.

Both rooms have air conditioning, and the cardiovascular room has a TV. Lockers and showers are available for members.

The Fitness Room hours are as follows: Monday thru Friday: 7am – 9pm

Effective January 2023 we no longer have Saturday Fitness Room hours

	City Resident	Non- Resident
Daily	\$5	\$5
1 Month	\$25	\$30
6 Month	\$100	\$125

Senior Citizens & HS Students receive a \$5 per month discount or \$25 per 6 months discount on the above rates. Memberships can be purchased during regular business hours M-F 7:30am-4:30pm in Room 17 or by using the After Hours payment envelopes located in each of the rooms.



The Baraboo Parks, Recreation & Forestry Department has recognized the value of social media for information distribution. We have a page on Facebook and will be using it as a tool to distribute information such as program status updates, last minute details, exciting news and other important things you need to know. Like us at Baraboo Parks and Recreation. Our zoo also offers a Facebook page at Ochsner Park Zoo for detailed zoo event information



Simply visit our website at:

www.cityofbaraboo.com_ Under the

"Government" Tab Choose "Departments" then
select "Parks & Recreation" Mid way down the
page, click the green link for "Program Registration"
This will take you to our program registration site.
Simply follow the instructions on the screen to set
up your family account along with your username
and password. We verify new accounts for
residency status as quickly as possible, ONLY
during our regular business hours!

Mail-In/Drop Off Simply choose the programs that your

Simply choose the programs that your children are interested in, fill out the registration form located at the above website, enclose payment and drop off or mail to:

Baraboo Parks & Recreation Department Attn: Program Registrations 124 2nd Street, Room 17 Baraboo, WI 53913

The Building hours are 7:00am-9:00pm Monday thru Friday. There is a drop slot located in the door to Room 17 at the Baraboo Civic Center.

In Person Registration

Stop in the office, we will be happy to register you, if space is available. Office hours are Monday thru Friday 7:30am-4:30PM



Program cancellations due to weather are posted as soon as possible on our Facebook page at Baraboo Parks, Recreation & Forestry and our website at www.cityofbaraboo.com/parksandrecreation
Look for the "Recreation Newsflash" on the right side of the screen. (only visible when there are cancellations)

As a reminder – when the Baraboo Schools Close due to weather, our programming is also Cancelled!